

Indoor Pool Schedule – July 2026							
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Open Swim 11:30am – 3:45pm	Lap Swim Only 6:30am – 7:30am	Lap Swim Only 6:30am – 7:30am	Lap Swim Only 6:30am – 7:30am	Lap Swim Only 6:30am – 7:30am	Lap Swim Only 6:30am – 7:00am	Lap/Open Swim 7:00am– 9:00am	
	Open Swim 7:30am – 11:45am	Open Swim 7:30am – 9:15am	Open Swim 7:30am – 11:45am	Open Swim 7:30am – 9:15am	Swim Team/Open Swim 7:00am – 9:15am		
	Aqua Fit (Peggy) 11:45am – 12:45pm	Aqua Fit (Jacque) 9:15am – 10:15am	Aqua Fit (Liz) 11:45am – 12:45pm	Aqua Fit (Liz) 9:15am – 10:15am	Open Swim 9:15am – 5:00pm	Swim Lessons 9:00am – 12:00pm	
	Open Swim 12:45pm – 5:00pm	Open Swim 10:15a – 5:00pm	Open Swim 12:45pm – 4:50pm	Open Swim 10:15a – 5:00pm		Open Swim 12:00pm – 5:45pm	
	Swim Team 5:00pm – 7:35pm	Swim Team 5:00pm – 7:35pm	Swim Lessons/Swim Team 4:50pm – 7:35pm	Swim Team 5:00pm – 7:35pm			Swim Team 5:00pm – 6:35pm
	Open Swim 7:35pm – 8:45pm	Open Swim 7:35pm – 8:45pm	Open Swim 7:35pm – 8:45pm	Open Swim 7:35pm – 8:45pm			Open Swim 6:35pm – 7:45pm
POOL SCHEDULE SUBJECT TO CHANGE							

AQUA FIT			
This low-impact class is performed in shallow water and is designed to improve joint stability, coordination, heart health, and strength. The class will incorporate cardio and strength, using water dumbbells and other equipment.			
CLASS SESSION: June 29th - July 30th	2 Days M - \$28 / NM - \$40	3 Days M - \$42 / NM - \$60	4 Days M - \$56 / NM - \$80

Outdoor Pool Schedule - July 2026						
<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
Open Swim 11:30am - 4:45pm	Open Swim 12:00pm - 7:00pm	Open Swim 12:00pm - 7:00pm	Open Swim 12:00pm - 7:00pm	Open Swim 12:00pm - 7:00pm	Open Swim 12:00pm - 7:00pm	Open Swim 12:00pm - 6:45pm
POOL SCHEDULE SUBJECT TO CHANGE DEPENDING ON WEATHER						

Outdoor Pool Closed July 4th