

# Mon Valley YMCA Gymnasium Schedule: October 2024

**Sun**

**Mon**

**Tues**

**Wed**

**Thurs**

**Fri**

**Sat**

| Adult/Senior Walking<br>5:30-9:00AM     |                             |   |   |   |   | Walking<br>7:00-9:00AM   |
|---|-----------------------------|---|---|---|---|--------------------------|
| Open Gym<br>11:30-1:00                  | Day Care<br>9:00-10:00AM    | Pickleball<br>9:00AM-12:00PM                    | Day Care<br>9:00-10:00AM                      | Pickleball<br>9:00AM-12:00PM                  | Day Care<br>9:00-10:00AM                      | Pickleball<br>9:00-12:00 |
|   | Blueprints<br>10:00-11:30AM |   | Blueprints<br>10:00-11:30AM                   |   | Blueprints<br>10:00-11:30AM                   |                          |
|   | Open gym<br>11:30AM-1:30PM  |   | Open gym<br>11:30AM-1:30PM                    |   | Preschool/<br>Kinder Soccer<br>10:30AM-2:45PM |                          |
|   | Preschool<br>1:30-2:00PM    | Phys. Ed classes<br>12:20-2:00                  | Phys. Ed classes<br>12:20-2:00                |   |   |                          |
| Youth Basketball Clinics<br>1:00-4:30PM | Open gym<br>2:00PM-6:00PM   | Open gym<br>2:00-7:00PM                         | Pickle Ball<br>2:00-5:00PM                    | Open gym<br>2:00-7:00PM                       | Open gym/<br>family time<br>2:45-8:00PM       | Open Gym<br>12:00-6:00PM |
|   | Pickle Ball<br>6:00-9:00PM  |   | Open Gym<br>5:00-6:30PM                       |   |   |                          |
|   |                             | Youth Basketball League Practice<br>6:30-8:00PM | Youth Basketball<br>7:00-9:00PM<br>(under 18) | Youth Basketball<br>7:00-9:00PM<br>(under 18) |   |                          |
|   |                             | Adult Basketball<br>8:00-9:00PM<br>(over 18)    |   |   |   |                          |

Times are subject to change  
Check for updates/changes monthly.