

Mon Valley YMCA Swim Team Fall/Winter Season 2018-19

Fall/Winter Season Program Dates:

Start Date: Monday, Sept 10, 2018

End Date: March 2019

Fall/Winter Season Program Fees:

First Swimmer: \$230 Additional Swimmers: \$200

****Program Fees must be paid in full by Friday, Sept 14, 2018, for swimmers to continue participating in practice.****

Practice times: Mon.-Fri. - 5:00 - 6:30 PM. Swimmers can attend practice as their schedule allows. Typically, better practice attendance yields more positive results. Attendance will be taken at the beginning of each practice.

Fall/Winter Dual Meets: There will be 4-5 dual meets during our Fall/Winter season. Several invitational meets will be available throughout the season for those that wish to attend.

**** All Swimmers are expected to attend all dual meets and the section champs meet. If a swimmer is unable to attend notice needs to be provided to the coaching staff as soon as it is known. ****

Fall/Winter Season Trial Period: A one-week trial period is being offered for members who have never participated in the Mon Valley YMCA Swim Team. Swimmers participating in the trial must pay their program fees in full. However, if they decide not to join the team, a refund request may be made until Sept.14, 2018. If a refund request is made by Sept 14, all program fees, less \$25 per swimmer, will be refunded.

Please note: *If fees were paid by credit card, the amount will be credited back to the card. If fees were paid by check or cash, a check will be issued to the payee and mailed to the address provided. No cash is given for refunds.*

After the Sept 14 deadline, no refunds will be made. All refund requests must be submitted in writing to **Aquatics Director, Amy Dunay.**

Requirements: A swimmer must be able to swim 25 yards continuously and unassisted. Testing will occur at the beginning of each practice. Proper stroke technique is not necessary. Swimmers are encouraged to use goggles and caps for those with longer hair. Girls should wear a one-piece suit. Boys are more successful with tighter fitting "jammer" type suits.

Dates: Monday, Sept. 10, 2018 – Friday, Sept. 14, 2018

Time: See "Practice Times" above

Place: Mon Valley YMCA Indoor Pool

Fall/Winter Season "Late Start" Policy: Swimmers wishing to join the team after Sept 14, 2018, may participate in 1 free practice. If they wish to join the team, program fees must be paid in full before beginning regular practice with the team.

Swim Team Payment Procedures: Swim Team program fees are payable in the Mon Valley YMCA Business Office. Payments can be made with cash, check, or credit card. All swim team program fees must be paid by Friday, Sept. 14, 2018. Swimmers will not be permitted to participate in practice after Friday, Sept. 14 unless program fees have been paid in full.

Non-member Policy: Non-members of the YMCA are welcome to participate in the swim team trial period at the same price. If a decision is made to join the team at the end of the one week, swimmers must also obtain a YMCA membership. According to YMCA policy, all swimmers must be a member in good standing of the YMCA they represent.