

# SUMMER MINI CAMPS

## Princess Academy

Dress up as your favorite princess this week and let the magic begin!

Monday, July 25 – Friday, July 29  
10:30-11:45AM • Ages: 3 – 5 years

### **COST:**

Members - \$40 • Non-Members - \$55

## Camp We Can!

This one week mini camp is designed specifically for children with special needs. We will enjoy exercise classes like Zumba and yoga, sensory tables, sports, arts & crafts, swimming, games and much more! Pack a lunch each day and we'll have a picnic! Parent/guardian or aide must accompany each child every day.



Monday, July 31 – Friday, August 4  
11:00am – 1:00pm  
Ages 3-8

### **COST:**

Members - \$50 • Non-Members - \$65

## Tots on the Move!

Little ones will learn all about the rules of the road in this unique camp for preschoolers.

Monday, Aug 8 – Friday, Aug 12  
10:00 – 11:30am  
Ages: 2 1/2 – 4 years

### **COST:**

Members - \$40 • Non-Members - \$55



## DID YOU KNOW?



### The Mon Valley YMCA started in a school bus!

In 1968, the Mon Valley YMCA began as an 8 week Summer Camp known as Day Camp Adena. At that time, there was only an outdoor pool and a school bus, which served as office space. The Facility that you know today was built in 1970.



MON VALLEY YMCA



# BEST SUMMER EVER

## SUMMER GUIDE 2017

This summer, the Y's  
the place to be!



For more detailed descriptions on these programs, visit our website at [www.monvalleymca.org](http://www.monvalleymca.org).

# LET'S GET MOVIN'

## PICKLEBALL

Pickleball is much like tennis, but with a few modifications such as smaller court and the use of solid wood or composite paddles to hit a plastic ball over a net.

### \*NEW TIMES FOR SUMMER\*

Tuesdays - 2:00-4:00pm

Fridays - 9:00-11:00am

M,W,TH - Join us outside at Valley Park from 9:30am - 12:30pm - *\*Start date TBA\**

Cost: Members-Free, Non-Members-\$5

## CHUCK TRAINED

Small group personal training. This class is not for the faint of heart. Personal trainer Charlie Fritch will get your heart pumping in this intense early morning workout.

Tuesdays and Thursdays

6:00am - Class held outside.

Cost: M: \$100 per month, NM: \$125 per month

## LINE DANCE FOR BRENLEY

Learn some fun and easy line dances for a great cause!

Thursday, June 29

10:30am-12:00pm

Participants pay as they enter the Activity Hall. All proceeds benefit Brenley Farner.

Cost: \$5.00

## MERMAID EXPERIENCE

In this one hour instructional event, you'll become a mermaid with an actual tail! Learn safety and how to swim in your mono fin.

Friday, July 28 from 7:00-8:00pm

Age 8+

Cost: Adult Sizes-\$80, Child Sizes-\$73

Register by July 14.



# SUMMER CAMP June 12 - August 4

YMCA day campers are able to explore creativity, teamwork, and physical activities in a safe caring environment.

Camp activities help build self-confidence and problem solving skills by presenting challenges and solutions through teamwork. Creativity is fostered through imagination and unique craft projects. Physical activities help build character and promote healthy living. Campers are surrounded by staff that respect their differences and create a positive environment in which all campers can be accepted for who they are. Campers will share fun experiences only found at camp and develop lifelong friends in the process.

### LITTLE CAMP

TIME: Monday-Friday 10:00 am to 1:00 pm

AGES: 4-6yrs

### BIG CAMP

TIME: Monday-Friday from 10:00am - 2:00pm

AGES: 7-12 yrs.

For more information on summer camp including themes and prices, visit our website.

[www.monvalleyymca.org](http://www.monvalleyymca.org)

# OUTDOOR POOL Opening Monday, June 5 Closing Sunday, September 3

During the summer months, our outdoor pool is a great way to cool off and spend the day with family and friends. The separate wading pool, for children under 6, makes it convenient and safe for parents to get in the water with their little ones.

### HOURS:

Monday-Saturday - 12:00-7:00pm

Sundays - 12:00 - 6:00pm



## EVENTS

This summer we're bringing you more activities than ever!

### NIGHT SWIM

Outdoor Pool

Dates: June 8, July, 13, Aug 10

7:00-9:00pm

Cost: Members-FREE • Non-Members-\$5

### ICE CREAM SUNDAE BAR

Located in the lobby by the gymnasium.

Dates:

June 12, 14, 26, 28 / July 31 / August 2, 14, 16

7:00-8:00pm

Cost: \$3 bowl or \$2 cone

### DIVE-IN MOVIE

Outdoor Pool

July 7 - *Trolls*

July 21 - *Moana*

July 28 - *Aquamarine* \*Special Event

7:00-9:30pm

Cost: \$3 everyone

### carPOOLkaraoke

Indoor Pool

7:45 - 9:15pm

June 28 - *Disney* / July 26 - *90's*

Aug 23 - *Country* / Sept 27 - *Oldies*

Cost: Members-FREE • Non-Members-\$5