

SWIMMERS WANTED!

MON VALLEY YMCA
Sharks



THE MON VALLEY YMCA SWIM TEAM IS LOOKING FOR SWIMMERS!

Ages: 6-18 years old

Practice Location: Mon Valley YMCA, 101 Taylor Run Road, Monongahela, PA - Indoor Pool

Practice Times: Monday through Friday, 5:00 P.M. – 6:30 P.M.

Practices are not mandatory; come to practice as often as it suits your schedule.

Practice Start Date: Monday, September 11, 2017

Pre-requisites:

- ✓ Swimmers must be able to swim a length of the pool unassisted to join the team. Coaches will work with the swimmer to learn the various strokes and to build the endurance and speed needed for competition.
- ✓ Swimmers must be a member of the Mon Valley YMCA to be a team member. (You do not have to be a YMCA member to participate in the trial period.)

Trial Period: A one-week trial period is offered; if a swimmer decides not to join the team after the trial period, ALL but a small portion of their program fees will be refunded.

Our team participates in the WPYSL league, optional Invitationals, Novice Championships (8 and under), B Championships (Western PA), District Championships (Western PA)*, State Championships (all of PA)*, and Nationally* against other YMCA teams/swimmers.

*Individual/Relay time qualification is required to participate

Last year our team had: 6 Top 10 finishes at Novice Championships
6 Top 10 finishes at B Championships
27 swimmers qualifying for districts
(4 Districts Winners!! 34- top 12 finishes)
12 swimmers qualifying for states (9 - top 12 finishes)

Visit www.leaguelineup.com/mvysharks to visit our team website

Swimmers from all school districts welcome!

For more information, contact Darcie Lusk at darcielusk@gmail.com